

GOALKEEPER

IN POSSESSION

- **Observation**
- **Active & playable**
- **Passing technique & accuracy**
- **Support with game opening & build-up play**



OUT OF POSSESSION

- **Positioning**
- **Communication with defenders**
- **Balance in & around goal area**
- **Goal area defending**

CORNER BACK

IN POSSESSION

- Passing technique & accuracy
- Quick decision making
- Recognising when to play forward, switch play and keep possession
- Receiving and making quick hand/kick passing combinations to create overlaps
- Making overlap runs to create advantage



OUT OF POSSESSION

- 1 v 1 defending
- Tackling/blocking/intercepting
- Defensive cover
- Marking
- Defending the scoring zone

FULL BACK

IN POSSESSION

- Passing technique & accuracy
- Quick decision making
- Recognising when to play forward, switch play and keep possession
- Receiving and making quick hand/kick passing combinations to create overlaps
- Making overlap runs to create advantage



OUT OF POSSESSION

- 1 v 1 defending - possible high ball in
- Tackling/blocking/intercepting
- Defensive cover
- Marking
- Defending the scoring zone

HALF BACK

IN POSSESSION

- Recognising when to play forward, keep possession or drop to defend
- Receiving and making quick hand/kick passing combinations to create overlaps
- Range of passing
- Breaking down compact defence and finishing the attack (creativity)
- Creating penetrations and assisting attack in wide areas



OUT OF POSSESSION

- Tackling/blocking/intercepting
- 1 v 1 defending
- Making overlap runs to create advantage
- Support, cover & balance
- Denying penetrations and assisting defence in wide areas

CENTRE BACK

IN POSSESSION

- Range of passing
- Recognising when to play forward, keep possession or drop to defend
- Receiving and making quick hand/kick passing combinations to create overlaps
- Creating penetrations and assisting in attack
- Quick decision making



OUT OF POSSESSION

- Leading defensive organisation
- Zonal marking - anticipation and preventive actions (shifting, dropping and covering movements)
- 1 v 1 defending
- Making overlap runs to create advantage
- Support, cover & balance

MIDFIELD

IN POSSESSION

- Win high kick-outs
- Recognising when to play forward, switch plan or keep possession
- Quick decision making
- Breaking down compact defence and finishing the attack (creativity)
- Receiving and passing under pressure



OUT OF POSSESSION

- Providing offensive/defensive balance
- Positioning between defence & attack
- Dominating positionally and individually, controlling and protecting central area
- Zonal marking - anticipating and preventive actions (shifting, stepping, dropping and covering movements)
- Tackling/blocking/intercepting

HALF FORWARD

IN POSSESSION

- Receiving and holding the ball under pressure
- Creating penetrations and assisting attack in wide areas
- Recognising when to play forward, keep possession or drop to defend
- Creating chances & scoring
- Range of passing



OUT OF POSSESSION

- Movement - angled, loop & back door cuts
- Tracking back
- Tackling
- Anticipation & moving into dangerous positions, untracking from opponent
- Positioning between defence & attack

CENTRE FORWARD

IN POSSESSION

- Receiving and holding the ball under pressure
- Creating penetrations and assisting attack in wide areas
- Recognising when to play forward, keep possession or drop to defend
- Creating chances & scoring
- Range of passing



OUT OF POSSESSION

- Movement - angled, loop & back door cuts
- Tracking back
- Tackling
- Anticipation & moving into dangerous positions, untracking from opponent
- Positioning between defence & attack

CORNER FORWARD

IN POSSESSION

- Creating chances & scoring
- Receiving & passing under pressure
- Support play
- 1 v 1 attacking
- Creativity - dummy solos, chip lifts, outside foot kicking



OUT OF POSSESSION

- Movement - angled, loop & back door cuts
- Leading the press
- Tracking back
- Tackling
- Anticipation & moving into dangerous positions, untracking from opponent

FULL FORWARD

IN POSSESSION

- Creating chances & scoring
- Receiving & passing under pressure
- Support play
- Creativity - dummy solos, chip lifts, outside foot kicking
- Dominating 1 v 1 with the ball to take on opponent, creating chances & scoring



OUT OF POSSESSION

- Movement - angled, loop & back door cuts
- Leading the press
- Tracking back
- Tackling
- Anticipation & moving into dangerous positions, untracking from opponent