



## 2018 U13 Football League Rules



<b>Pitch Size:</b> Reduced Pitch =	<b>Length</b>	Juvenile Goals placed on <b>20m</b> lines
	<b>Width</b>	80m (min) – 90m (max)
7-a-side Pitch =	<b>Length</b>	70m (min) – 90m (max)
	<b>Width</b>	40m (min) – 52m (max)

**All** games played at **11-a-side or 12-a-side or 13-a-side** shall be played on the **Reduced Pitch**.

**All** games played at **10-a-side or less** shall be played on the **7-a-side Pitch**.

### Number of Players:

1. All games to be played to **maximum of 13-a-side** and all members of the team panel are to participate in the game. Games can be played at a **minimum 5-a-side**.
2. **Any game played at 14 or 15-a-side and/or on a Full Adult Pitch will be deemed null and void.**
3. Teams with less than 5 players will play the game at the numbers they have but will forfeit the game.
4. Teams must contact their opponent and Coiste na nÓg prior to day of match to state how many players they will have for game(s).
5. A team(s) that does not field correctly as per rules may be fined €200 minimum and may be disqualified from the tournament.
6. Games are to be played at the highest number available for selection. If 13 eligible players are present, then clubs are to play 13 players. If a player receives a genuine injury, clubs are to reduce their playing numbers to match. Clubs are not to reduce numbers for disciplinary reasons i.e. Black or Red cards.

### Rules

1. Games of **11-a-side** or more shall be **25 minutes** per half while games of **10-a-side** or less shall be **20 minutes** per half.
2. **SILENT SIDELINES** are enforced.
3. If extra time is necessary, **5 minutes** per half will be played. Full details in separate document.
4. All games will be played as fixed by Coiste na nÓg. No requested changes will be considered unless there are exceptional circumstances. All games will be played as fixed or a club(s) will concede the fixture. Any club(s) that does not fulfil a fixture will be dealt with as per the Official Guide.
5. **Size 4 footballs must be used.**  
A team(s) using any incorrect equipment will be fined €50 for each game that incorrect equipment is used.
6. Pitches must be flagged and marked appropriately.
7. **There shall be no penalty kicks or square ball.**
8. Flags are needed at 13m, 20m, 45m, & halfway lines on Reduced pitch.
9. **Coiste na nÓg will appoint all referees.**

10. A club fielding a second team in this competition must name their top 13 players. A club fielding a third team must name their next top 13 players that are eligible to play for the second team. These top 26 players cannot play on the third team.  
Failure to abide by this will mean that all games will be awarded to opposition, the club may be fined €200 minimum and the persons involved will be sanctioned in accordance with the Official Guide.
11. **All members of the team panel are to participate in the game.**  
Coiste na nÓg recommends that all players play at least half of each match.  
All clubs should be encouraged to promote an equal playing time ethos where younger players are not playing above their grade unless necessary due to a lack of numbers within a catchment area.
12. **Substitutions shall be unlimited.** All substitutions must be made in a break of play.  
A break in play shall be when the play is stopped after a score or wide or for a free, sideline kick/kick or when the Referee has stopped play for medical attention to an injured player.  
**All** players are to be on the team list. This list must be presented to the referee in **Irish**, in **BLOCK CAPITALS**, and **in duplicate** before the commencement of the game(s).
13. Where a club fails to observe the rule that all members of the team panel are to participate in the game; that club shall forfeit the match and may be disqualified from the competition.
14. Where both clubs in the same match fail to observe the rule that all members of the team panel are to participate in the game; the game shall be deemed void and both clubs may be disqualified from the competitions.
15. Play shall be limited to **2 touches** (i.e. one hop and one solo or two solos).
16. No dribbling on ground permitted. Referee to award free kick to opposition.
17. In all instances where the referee moves the ball forward, the ball shall be moved **30m not 13m.**
18. **Normal scoring applies. A goal equals 3 points and a point equals 1 singular point.**
19. The goalkeeper may advance **13m** for a kick out.
20. The shoulder-to-shoulder charge is permitted.
21. The ball may be carried for a maximum four consecutive steps or held in the hand(s) for no longer, than the time needed to take four steps.
22. Free kicks may be taken from the ground or from the hands
23. **The player who is fouled should take the free kick.**
24. When an opponent commits a technical foul i.e. fouls the ball, **the player nearest the ball should take the free kick.**
25. The player nearest to where the ball crosses the sideline, should take the sideline kick.
26. When a defender/Goalkeeper plays the ball over his/her end line, the other team are awarded a free kick from the centre of the field opposite to where the ball crossed the end line.
27. Opposing players must be at least 20m from the player taking a free kick, sideline kick, or kick out.
28. Free kicks cannot be taken closer than 20m from the opposing end line.

29. **Mentor(s) must identify themselves to the referee.** All mentors must wear a distinctive coloured bib.

If a person is not wearing a bib then they will not be considered a mentor by the referee.

**Failure for mentors to wear distinctive coloured bibs will mean they will not be allowed inside the playing enclosure.**

Only Team Officials can enter the pitch enclosure to a maximum of **8**. This includes all water/hurley carriers, medical personnel and the Club Secretary/Chairperson.

All Team Officials must be 18 years old. Clubs must ensure that this is implemented.

**No mentor can be on the pitch.** Only medical personnel can enter the pitch area when permitted by the referee. **SILENT SIDELINES are enforced.**

**A club that does not adhere to Rule 29 listed above may be fined €200 minimum per game and mentors will be dealt by Rule 7.2 of the Official Guide.**

**Any mentor that continually encroaches on the field will not be allowed to be on the sideline for the remainder of the U13 Hurling and Football Leagues.**

30. First named team in fixture has home venue and will pay the Referee expenses.

31. At Coiste na nÓg level, the referee must be paid as follows:

- **€25 for a single match.**
- **€30 if at least 2 neutral umpires are present.**
- **If a referee completes another game in the same venue, they must be paid another €20.**

32. When games played at neutral venue, clubs must both pay half of referee expenses unless host club is taking money at gate.

33. If no neutral referee present, visiting team has choice of an **official** referee.

34. **If no official referee present, then game is not to be played under any circumstance.**

35. Check opponent's colours in case of clash, **home team must change**. If in a neutral venue, then **both teams change**.

36. Detailed Regulations governing the organisation and presentation of all Inter-Club Games at U12, U13, and U14 level in Meath GAA will be sent to clubs. These must be followed in all games.

There will be an emphasis on these at finals and they must be strictly adhered to and they will be monitored by Coiste na nÓg.

**Coiste na nÓg an Mhí is mindful of the GAA Give Respect Get Respect campaign and has drawn up these Regulations for the benefit of all stakeholders – players, referees, team management, officials, media, members and spectators.**